

anh thi



Table of Contents

Excellence	4	Happy	31
Bold	5	My Little Man	32
Love	6	My Little Girl	33
Sex	7	Sleep	34
Stimulation	8	Dream	35
Life	9	Tired	36
Human	10	Work	37
Dog	11	Travel	38
Friendship	12	Hunger	39
Fun	13	Simplicity	40
Blue	14	Memory	41
Sad	15	Dating	42
My Best Friend	16	Dance	43
Death	17	Father	44
Clowning with Death	18	Mother	45
Anxiety	19	Grandparents	46
Fear	20	Siblings	47
Worry	21	Home	48
Anger	22	Food	49
Hurt	23	Mall	50
Annoyance	24	Talk	51
Irritated	25	Respect	52
Stupid	26	Doodle	53
Stickers	27	Myself	54
Fireworks	28	Husband	55
Fascination	29	Pride	56
Tenderness	30	Humility	57

Table of Contents

Mind	58	Shower	85
Musing on Death and Life	59	Heal	86
Faith	60	Peace	87
Angel	61	Heart	88
Hope	62	Harmony	89
Hug	63	Temple	90
Cry	64	God	91
Body	65	Beast	92
Pain	66	Fall	93
Negativity	67	Nauseous	94
Bother	68	Confusion	95
Panic	69	Loss	96
Yearning	70	Daze	97
Addiction	71	Compassion	98
Lost	72	Loyalty	99
Crazy	73	Photograph	100
Horror	74	Books	101
Disgust	75	Music	102
Hate	76	Wings	103
Forgive	77	Pillow	104
Rain	78	Connection	105
Sun	79	Reflexology	106
Wind	80	Massage	107
Earth	81	Inspiration	108
Water	82	Beauty	109
Tree	83	Gentle	110
Flower	84	Completion	111

Excellence

The great heart searching
for better: that reason
in sublimity for being.

Toward higher reaches
of everything: that uplifts
the man of means.

So it goes neverending
in circles: that hope
in achievement of it.

Bold

Strength of purpose
 Beating forth
in grandiose feats
 Overwhelming fate
To eagerly find
 Loving fortune
Commanding presence for
 Demanding fealty.

Love

Tender rushes of heat
flashes through the heart.

Warming the cockles of the soul,
harming no things in its way.

From the moment I could hold you deep
within my soul a song burst to keep.

Lucky for me to be
building my world around you.

Plucky of you to choose
me with warts and all.

I'm Yours.





Sex

Dirty gets you everywhere.
Enticed by lips, tongue and teeth.
Dancing in ways delightful.

Come for me in sweetness.
Stay in me forever.
Be with me, just like that.

I like your ways.
Naughty wicked fun, yes.
We do it well.

Stroking over and under.
Everywhere I like.
Xtreme release for me 'n you.

Anxiety

Topsy turvy
through and through,
That is how imbalance
wrecks into you.

So off kilter
in and out,
Setting a chain reaction
tears into you.

Not all right
day or night,
Unmasking the shaking inside
feeling in you.

Antsy pantsy
up and down,
That is how unsettled
Anxiety makes you.

Fear

Down and around in
nebulous form,
fogging vision of truth.

Abrupt and deadly as
wicked poison,
hurting the heart within.

Desperate and aching of
things undone,
rattling a sound mind.

Arcs and darts of
temporary madness,
Draining your core strength.

Drowned and abounding from
harping pain,
ripping through muscled organs.

Aping and dancing with
clownish manners,
stopped in your tracks.

Worry

incessant negative caress
filling a mind in duress

a furrow harsh and deep
burrowing in your brow for keeps

that senseless whirl unfurled
twirling peace from reach

in hapless fumbled bumbles
makes you quake and crumble

worry is a fury of flurry
causing your mind to go blurry



Horror

awful in that sense
turning fascination into
disbelieving fervor

haunting is the memory
of wide eyed
disenchanted viewing

racked with furious feelings
in vivid details
overcoming balance

harping upon that moment
when insanity ruled
with horror



Disgust

oh, oh, oh
it takes off any gleam
so, so, so
it renders any interest unredeemed
uh, uh, uh
it sends grimaces to extremes
go, go, go
it spurs exits unsightly deemed
ugh, ugh, ugh
as in gross of things.



Hate

Hurried flashes of hurt
transforms apace
into hate

as failure to connect
frustrates apace
that hate

during distempered break
fashioning apace
a hate

fueled anew from spates
renewing apace
some hate

anger mixed in blindness
disappoints apace
to hate

killing of friendly hope
destroying apace
is hate



Forgive

Letting go is extreme
when feelings, grip
that high road
seems out of, reach
a sudden shift
from no to, yes
to giving chance
a glimmer to, rise
from the ashes
of wrong.

Bold is one offering an outcome,
Facing
Offsetting
Rage
Going
In
Violent
Excess

Inspiration

believe in that
makes you rise to bat
so you're not anyone's mat
deserving a hearty pat

achieve in what you believe
new heights driven to hew
teaching to continue reaching
lifting beyond that dejected rifting

Beauty

is a glow inside
simplicity you can't hide

is a gorgeous shell
ringing your bell

is an attention grabber
never turning drabber

is variation infinite
amazing and intricate

is what makes you smile
without guile

is what takes you farther
giving happiness in barter

is the beginning of all
ending at strong and tall

The essence of a thing is understood through observation. Here are 108 poems that attempt to capture what lies at the core of specific concepts such as love, fear, or the mind.

The topics were selected based upon their universality to the human condition, and relevance to myself. Poetry is an expression of one's being as an individual, and as part of a thoughtful community. That makes it the perfect medium in order to capture the universal essence of a human experience in specific contexts.

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ISBN-10: 0-9822183-0-3
ISBN-13: 978-0-9822183-0-3



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